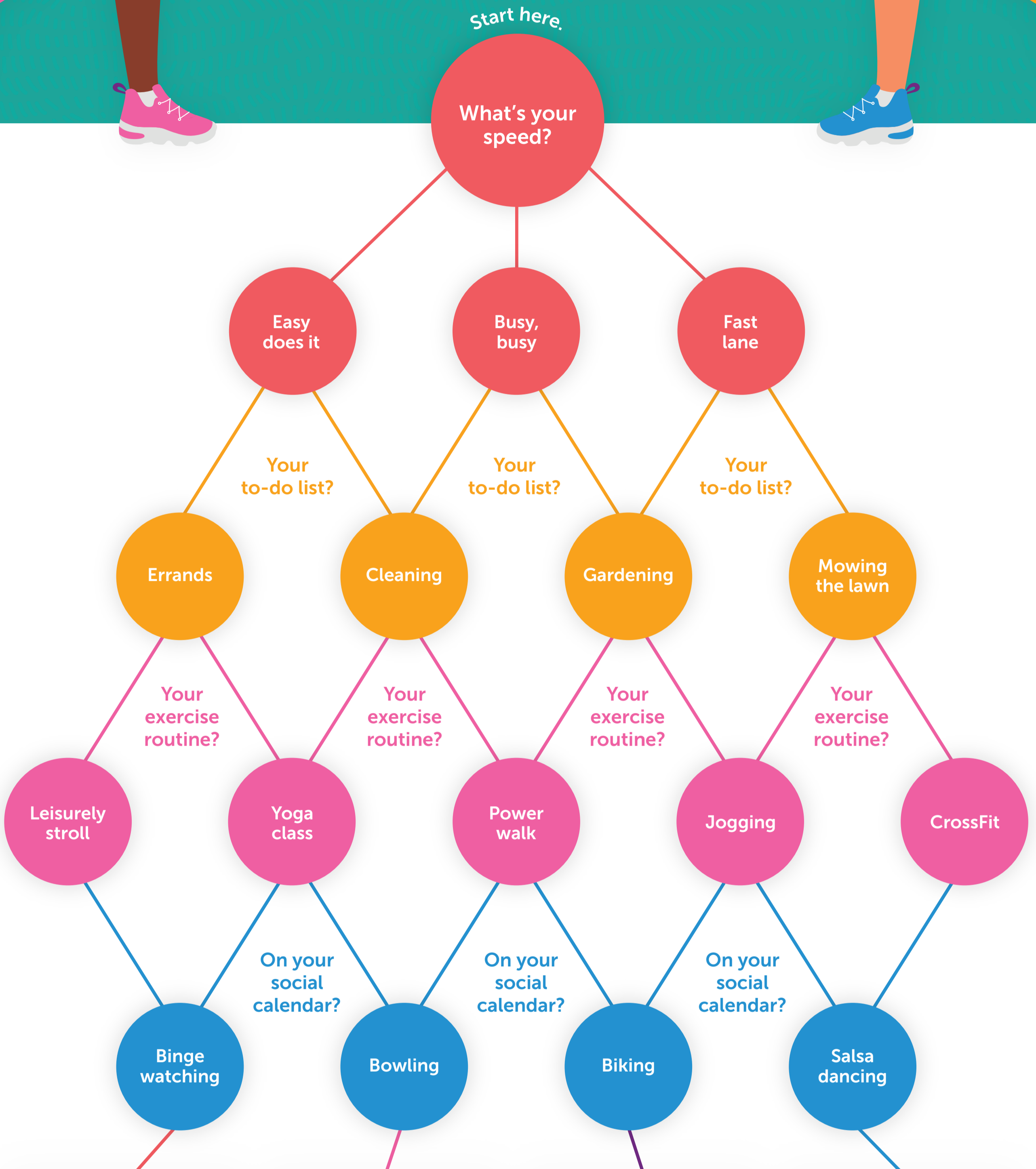


Which products work best for me?

Bladder leaks are personal, especially if you experience the unpredictability of stress incontinence. So is finding the right protection.



Light leaks & light days

Light leaks and light days mean you can probably get by with a **slim, breathable liner**.

On the go, slow and low

If you're on the go, but not going too fast or too far, opt for a **breathable, moderate absorbency pad**.

Keep pace with your life

Keep pace with your life and your leaks by wearing a **breathable max absorbency pad**.

There's no stopping you!

So keep going stronger and longer with an **ultimate absorbency pad or underwear**.

Please note:

The products you choose need to fit more than just your body and flow. They need to fit **YOU** and **your unique activity level**. That can change from day to day.

No one product will suit every situation, so be flexible in mind and body. Try several strategies. But no matter which way you bend, stretch or move, always treat yourself to protection with built-in fit, comfort and wetness and odor control.

